

**DARETON PRIMARY HEALTH CENTRE – 44-46 Tapio Street. Phone 50217200**

This Centre covers the Wentworth & Balranald Shire and continues to provide a hub for a diverse range of service for the whole community.

These include:

**Manager of Primary Health:** Dareton/Balranald - Patricia Algate

**Aboriginal Health Workers:** Have a university qualification in Indigenous Primary Health Care & work with the primary health team. Promoting a primary health approach to address aboriginal health needs with a focus on prevention, early detection and care. (Sheryl Brown, Margaret Lawson, Lynne Mitchell and trainee Gary Hamence)

**Aboriginal Transport:** for aboriginal clients without means of transport to health related appointments only. (Clifford Williams)

**Palliative Care Specialist:** provides holistic palliative care services both clinical and consultative for clients, carers within home, hospital or aged care facility. (Joseph Kervin)

**Sexual Health:** counseling, screening, treatment, immunisation, education and needle syringe program. (Nicole Lehman)

**Primary Health Nurses:** provide a range of services across the continuum of care: Health Promotion promoting lifestyle changes, case management, school screenings, home visits, immunisation, wound management, asthma education, Quit program and advocacy. (Fiona Weir, Liz Buffon)

**Diabetic Educator:** management of Type 1, Type 2 and Gestational Diabetes. Education clinics, home visits, community groups, complication screening, insulin management under GP's guidance. (Rebecca Johnson, Monica Jessop & Paul Skipper)

**Women's Health:**, advise & education on contraception, menopause and continence, pap smears and pregnancy testing. Community education on issues such as domestic violence and grief and loss. (Gail delucia)

**Aged Care assessment team:** assist frail older persons/cares & families with care plan management, referrals, dementia support, disability access, education on respite and case management of complex health issues. (Sue Cooper, Barb Bone, Lee Clarke)

**Child & Family Health Nurse:** support, assessment, education, parent groups, immunisations. (Helen Morris)

**Community Midwife:** antenatal, postnatal care and checks, education in home or clinic.  
(Helen Penington)

**Early Intervention Educator:** Children 0-6 yrs support for families who have a child with a developmental delay or disability. Coordination of support services and facilitation to school. (Jayne O'Shannessey)

**Administration Support:** Helen Brockfield & Vivianne Gilby

**Dareton staff that have a regional role and visit the Balranald Shire are Women's Health, Sexual Health, Community Midwife, Diabetic Educator, Palliative Care and Early Intervention**

Successful programs this year have focused on physical activity and comprise of strength training twice a week, walking groups & Tia Chi approx. 80 clients participating weekly.

A Diabetes support group has been established, meeting mthly & supported by the Diabetic team.

Parenting Groups for parents of babies 0-6mths.

Women's International Day activity celebrations drew a crowd of over 200 to listen to popular speakers & enjoy a healthy luncheon.

The QUIT program has commenced and already has a number of successful participants

A local "Breast Feeding for Koorie" booklet has been a success and showcased at the National C&FH & Trisillian Conference.

### **Visiting Services:**

#### **Dareton**

Obstetrician & Gynecologist Registrar – Wednesdays 0930-1230hrs

Sexual Health Physician – 1.5 days 3<sup>rd</sup> mthly

Psycho-geriatrician - 1 day 2<sup>nd</sup> mthly

Endocrinologist – 1 day 3<sup>rd</sup> mthly

Allied Health – Social worker 2 days per wk,  
Dietician 2 days per mth,  
Occupational Therapy 5 days per mth,  
Speech Pathologist 10 days per mth  
Physiotherapy 2 days per mth, 5.5 days per month (Wentworth)  
Podiatrist 4 days per mth (Wentworth)

#### **Balranald**

Sexual Health Physician – 1 day 3<sup>rd</sup> mthly if required

Psycho-geriatrician - 1 day 4 mthly

Endocrinologist – 1 day 3<sup>rd</sup> mthly

Allied Health – Social worker 4 days per mth  
Dietician 2 days per mth,  
Occupational Therapy 3 days per mth,  
Speech Pathologist 3 days per mth  
Physiotherapy 4 days per mth  
Podiatrist 4 days per month